



Santiago de Compostela bike tour

800 km original French itinerary

FILL IN THE FORM IF YOU WISH A CUSTOMISED PROGRAM

16-day tour, 14 of which by bike. The round trip up to Saint Jean Pied is advisable by coach, adding an extra day for a stop, whereas the return journey is scheduled by flight from Santiago de Compostela. For those who wish to fly on the round trip too, further information about the selected pick up airport will be provided further on. Bus tour extension to Finisterre included in the price, if requested.

Departures by van from Lake Iseo, Brescia, Bergamo and Milan, from Veneto or Piemonte to be arranged. Pick up meeting points (possibly even at your own place) will be provided on registration.

Bikes will be carried by van, either your own or the provided ones (MTB Trek X-caliber 8). A spare bike will be available in case of emergency.

Any detail will be given on registration.

SPECIFICATIONS ABOUT THE ITINERARY

The itinerary can be carried out either autonomously or with a guide as follows:

- 1) the former features available assistance and van, luggage carriage to the arrival point/hotel at the end of the day, according to your needs and program. Before setting off to a new destination, any information about the challenging you may meet along the way will be provided;
- 2) the latter is carried out in self-sufficiency throughout the journey, reaching the agreed hotel/albergue, according to program.

Medical insurance before departure is highly recommended for those who wish to undertake the self-sufficient guided tour.

If you are interested, please fill in the form you will find on the web site so that we will be able to plan the tour according to your needs.

PHYSICAL TRAINING

The first thing you have to consider is that you will be riding nonstop for a fortnight. You need physical training allowing you to ride 60 km with an average 1000m ascent per day. Do not worry too much about that: you'll go riding across Spain and that won't be all plain, but you won't have anything to do but cycling all day long!



There will be no competition: take as many breaks as you need and you may be pushing your bikes if you want! It is a challenge you may have to face in Santiago.

Important notes:

- to make the journey easier customised tour for group of minimum 6 people are available (with different dates or walking-riding activities).
- transport by van on the round trip is included in the price, additional fee is expected for the extra night, room and board.
- No extra charge for bike transport in case of round trip flight.
- Registration by 60 days before the date departure.
- Access to France and Spain is granted to European citizens with valid Identity Card.
- Bikes must be checked and serviced before departure.
- The van is equipped with a small workshop for bike maintenance but spare parts are not included. As you register you will be asked for your bike model and told what to bring with you.
- Compulsory helmet in case of MTB guided tour.
- Schedule may vary due to technical and organisational problems.
- Accommodation, tickets, and insurance are provided by the Italian tour operator.

THE COSTS INCLUDE:

Concerning the autonomous tour ONLY 8 places available. (Possibility of extra fee per guest for bike + helmet rental):

- Bikes (MTB Trek 8Xcaliber)
- 16-day tour by Mercedes Sprinter van with qualified driver, assistance, pick up and drop off at arranged points in Italy; the van is accessorised with 220 volt outlets, fridge, DVD screen and indoor bike compartment.
- Baggage, sports equipment, e-bikes collection at the agreed meeting points and transport to Saint Jean Pied and back from Santiago de Compostela.
- Logistics, insurance and flight booking provided by the tour operator.



Concerning the self-sufficient tour:

- Bikes (MTB Trek 8Xcaliber)
- Journey to Saint Jean Pied by Mercedes Sprinter van with qualified driver; the van is accessorised with 220 volt outlets, fridge, DVD screen and indoor bike compartment.
- Baggage, sports equipment, e-bikes collection at the agreed meeting points and transport to Saint Jean Pied and back from Santiago de Compostela.
- Tour by Italian MTB guide.
- Allianz-Globy Rosso medical and luggage insurance for Italian and residing foreign citizens. Insurance is compulsory in case of MTB guided tour.
- Logistics, insurance and flight booking provided by the tour operator.

FEES DO NOT INCLUDE:

- Flights to and from Spain
- Compulsory insurance for foreigners not residing in Italy and in case of MTB guided tour.
- Food, drinks, tips, extras and all that is not above mentioned (the average price for the pilgrim meal in Spain is of EUR 15,00 per person)