



MTB GUIDE - NCC/TAXI - TAYLOR-MADE TOURS

# **CYCLING ALONG LOMBARDY VALLEYS**

**3-4-5-days tours among the valleys and the  
nature of north-eastern Lombardy**

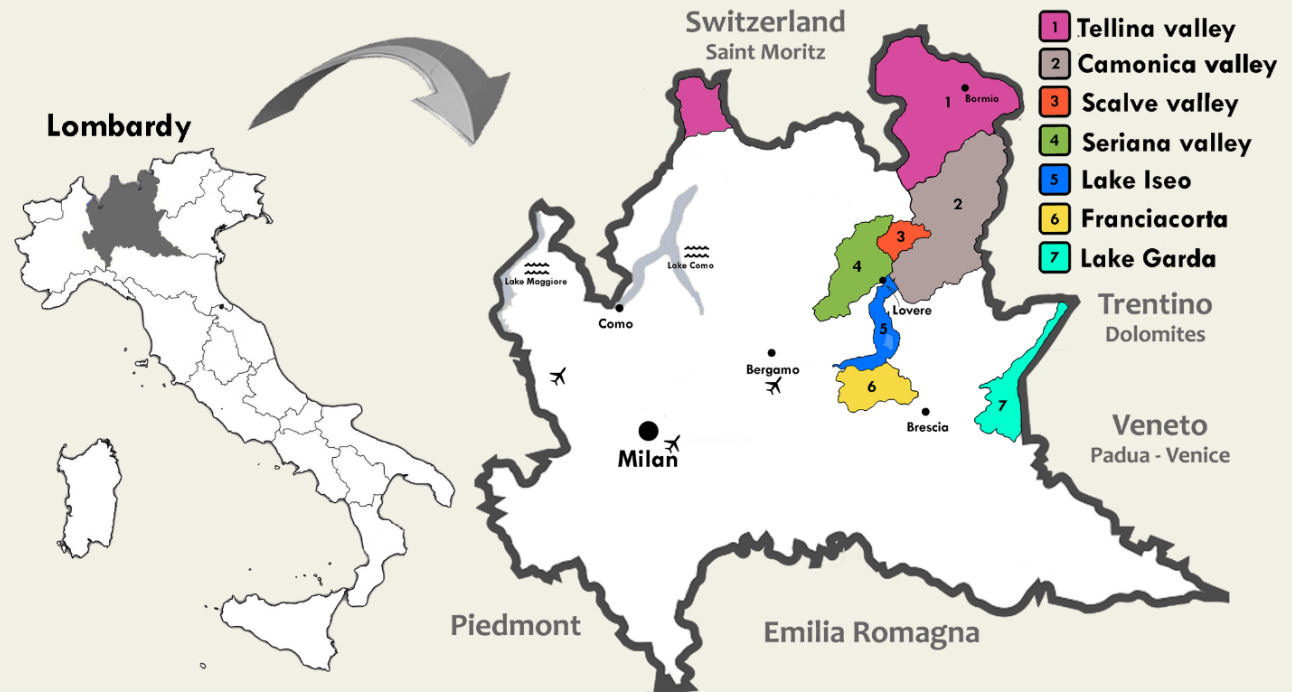


# WHAT YOU'LL DISCOVER

**These 3-4-5-days tours will have you cycling among the north-eastern valleys of Lombardy and Lake Iseo: very different stops will give you a broad idea of the territory, including art, history, and some of the most beautiful villages in Italy, in a nature surrounded by high mountain, lakes and villages scattered in these magnificent valleys.**

**We will leave from Lovere, on Lake Iseo (5), cycling up the Seriana Valley (4), descending into the Scalve Valley (3), crossing the wonders of the Camonica Valley (2), and returning to Lake Iseo in **THREE** different tours with three levels of difficulty.**

**The colors of this map will accompany you to discover the different stages, helping you to understand the different territories in which you will ride.**







# TOUR N°1

## HISTORICAL LANDSCAPE AND RESISTANCE ROUTE

**5 days hard difficulty or 4 days medium difficulty**

1

**DAY 1**  
**Lovere – Gandino**

2

**DAY 2**  
**Gandino – Clusone**

3

**DAY 3**  
**Clusone – Presolana**

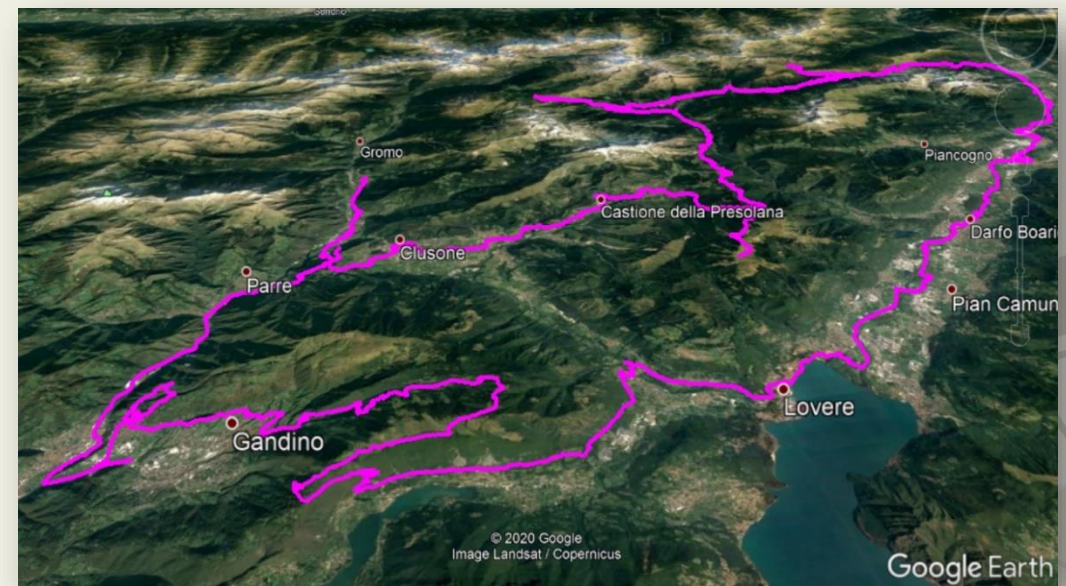
4

**DAY 4**  
**Presolana – Scalve valley**

5

**DAY 5**  
**Scalve valley – Camonica valley - Lovere**

**ALTERNATIVE ROUTE: "LOVERE - CLUSONE".**  
You can replace the first two-days stops with a less demanding, equally beautiful one. You will find it described at the bottom of the five-days stops. Choosing this option will reduce the difficulty of the tour and its length, passing from 5 to 4 days.



1

2

3

4

5

# DAY 1

## LOVERE – GANDINO





# LOVERE-MALGA LUNGA-GANDINO

**Historical and naturalistic route among dirt roads, asphalt/cement roads and single-track stretches. The total ascent is almost entirely within the first 26 km from Lovere to Malga Lunga where we can stop at the hut. You will cycle on a very varied route with views of the three lakes and then you will be pedaling surrounded by meadows and forests in the green Seriana Valley. This stage is the most challenging of the five days.**



## TECHNICAL FEATURES

**Km 36,6**

**Ascent 1500m**

**Descent 1280m**

**BC+/BC. Mtb/e-Bike skills: Good**

**Muscular physical difficulty:**

**BC+ Mtb good preparation**

**E-Bike: Good BC. Battery 1-(500w)  
90% 1st level(eco) and in the steepest  
parts 2nd level. Water needed**

1

2

3

4

5

# DAY 2

## GANDINO – CLUSONE





# GANDINO - CLUSONE

**This route, which is mostly along the Serio river bike path, is perfect to regain the energy lost the day before. We will ride on unpaved stretches alternating between bicycle path and pine forest. We will pass near two Marian Sanctuaries and we will then arrive in Clusone. At our arrival we will find a beautiful and comfortable environment where the owners offer excellent typical dishes to taste, so that we can finally rest in a radiant mountain resort.**



## TECHNICAL FEATURES

**Km 52**

**Ascent 1200m**

**Descent 1090m**

**MC medium capacity**

1

2

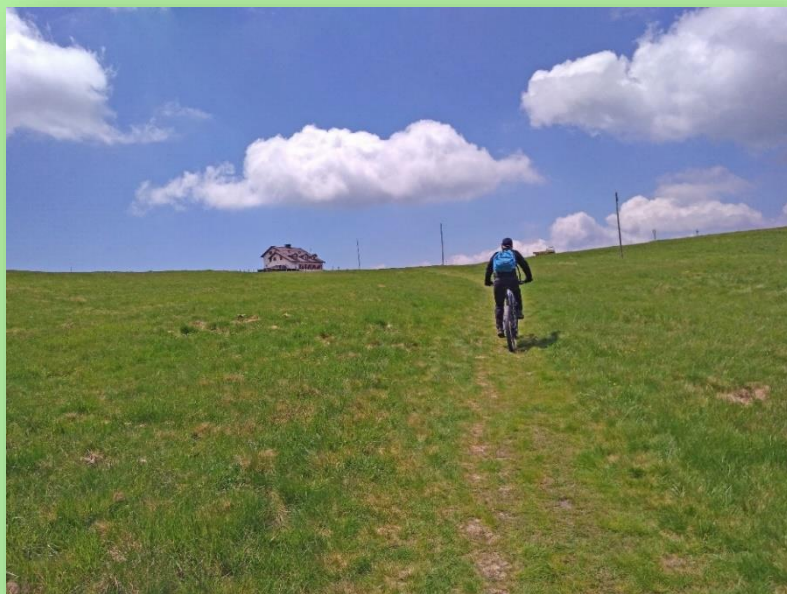
3

4

5

# DAY 3

# CLUSONE – PRESOLANA



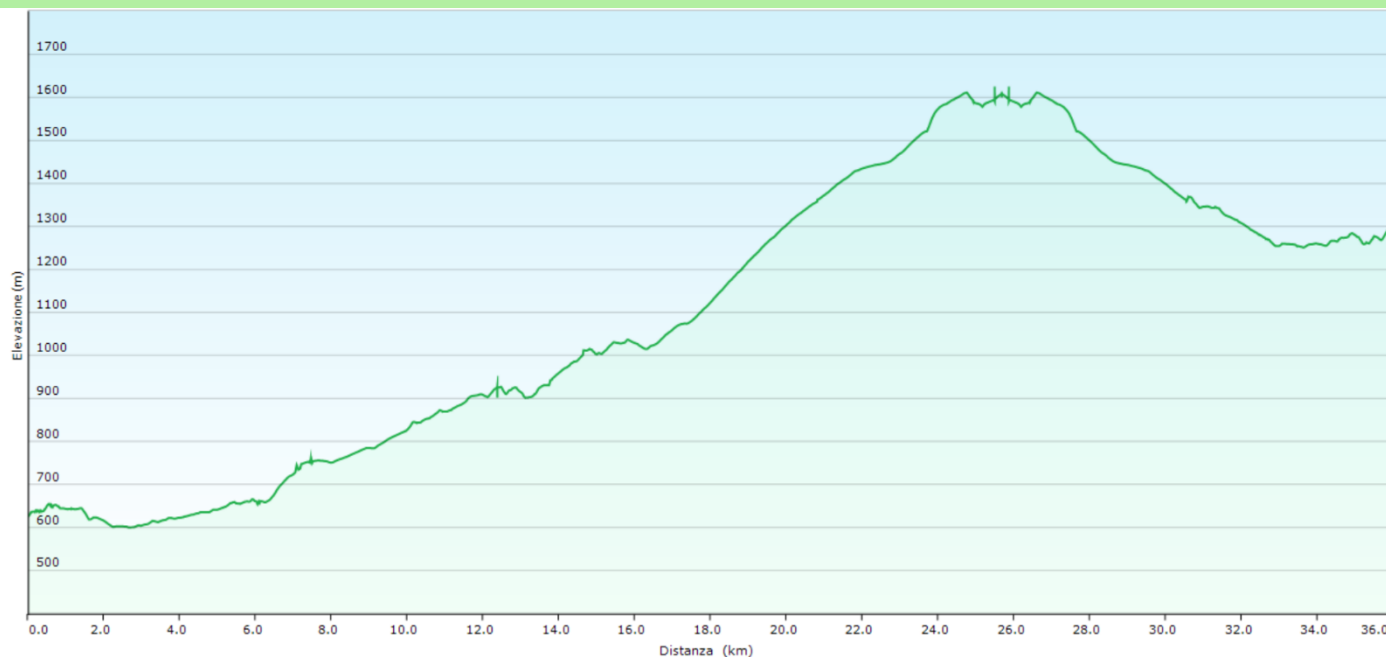


# CLUSONE-PASSO PRESOLANA

**Naturalistic and cultural route along the upper Seriana valley, ending in the wonderful Scalve valley. Difficulty: Medium**

**We will leave from Clusone pedaling in the upper Seriana valley. We'll pass through small towns and villages surrounded by second homes and lush meadows. We'll ride along what was once the milk route and in the rural area of this valley. We will pass by some frescoed churches and places of religious worship of the Orobic Bergamasche. We'll reach a hut and if we want, with two more rides, we'll admire a wonderful view of Lake Iseo.**

**After a break for a some relax and a drink, here we will be back in the saddle to reach the Presolana Pass that will give us a view of the majestic and fearsome Queen of the Orobic, the Mount "Presolana.**



## TECHNICAL FEATURES

**Km 36**

**Ascent 1340m**

**Descent 665m**

**BC Good capacity**

1

2

3

4

5

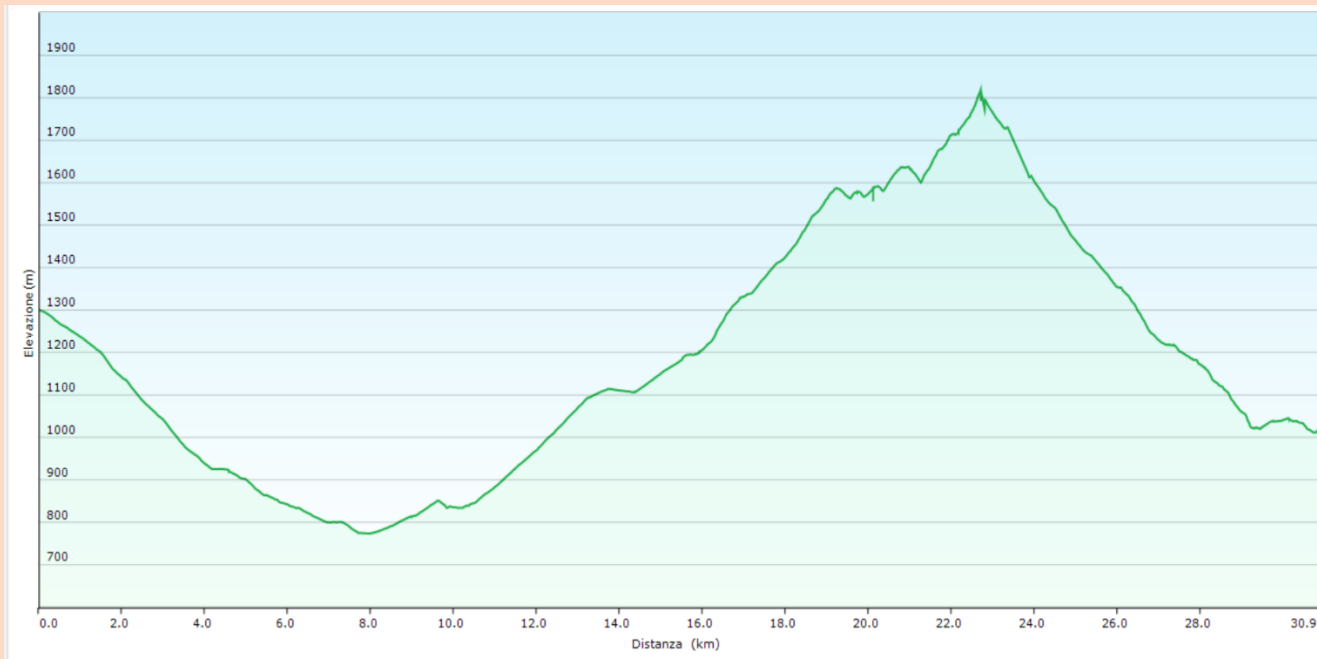
## DAY 4

# PRESOLANA - VAL DI SCALVE





**From the Presolana Pass "upper Seriana valley" we'll enjoy a very long descent leading us to this different and beautiful valley. This itinerary is rich in history and we will relive it as we pedal to reach what were once the houses of the miners and the entrance to the mine now abandoned. Visible cracks in the mountain are evidence of the great underground work done, and what was the life of the inhabitants of the place. We'll reach the Manina Pass and then we'll cycle along a mixed route, between dirt roads and paved stretches, with views of the Gleno dam, passing alongside the creek and in the woods until we reach a small town in the heart of the valley. There will be plenty of stops to regain energy, coffee/aperitif breaks or a lunch with cheese, cold cuts with and a fine beer or glass of wine. If you still want to ride, at the end of the tour we can reach the most important Social Dairy of the Scalve Valley.**



## **TECHINICAL FEATURES**

**Km 31/38**

**Ascent 1200/1350m**

**Descent 1350/1400m**

**BC Good capacity**

1

2

3

4

5

## DAY 5

# SCALVE VALLEY – CAMONICA VALLEY





**Departure by bike at 9 am, in a short time we will be in a beautiful pine forest where in winter the paths turn into tracks for cross-country skiers. We'll pedal with a nice water stream at our side until we'll come out on a paved road where we'll continue climbing, along a mountain path, until we'll reach the hut which is located at an altitude of almost 2000m. From here we will admire a panoramic view of the Camonica valley Alps and the Mount Adamello. If the hut is open we will stop for a break and then get back on the saddle and descend along a fun and scenic route. We will continue our descent towards the bottom of the valley, passing through some characteristic villages and wineries of the Camonica valley to get to Lake Iseo and Lovere.**



## **TECHNICAL FEATURES**

**Km 63,4**

**Ascent 1170m**

**Descent 2140m**

**BC Good capacity**

# 1° ALTERNATIVE ROUTE LOVERE – CLUSONE

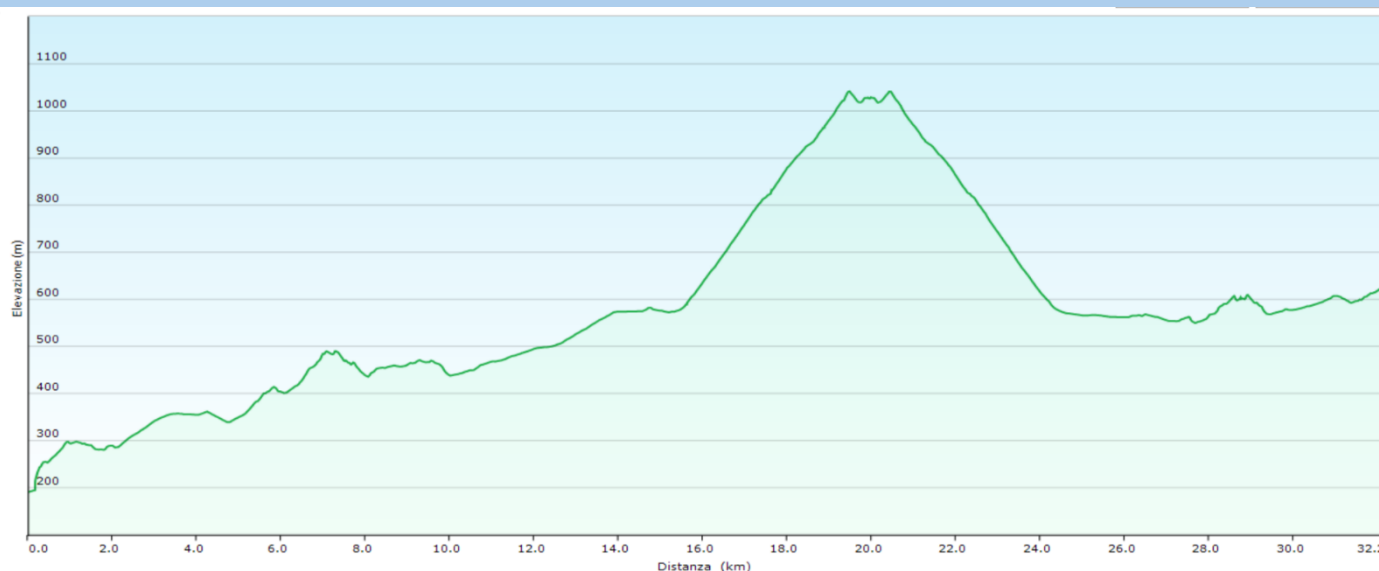




# LOVERE - CLUSONE

**Alternative route to the two initial days, in a beautiful landscaping territory. If you choose this route the tour will be less demanding and will therefore consist of 4 days instead of 5. All the other stops will remain the same.**

**Route on secondary roads not frequented with some stretches of dirt road in the woods not difficult and short. You will pass through some villages of the Borlezza Valley and the upper Seriana Valley before arriving at the San Lucio refuge, your first stop. If you don't want to stop for lunch, I suggest to the greedy ones to taste one of the many cakes that the owner proposes, with a spectacular view on the whole high Valley. And that's exactly where we will arrive, passing by some small tourist villages that were also home to famous artists.**



## TECHINICAL FEATURES

**Km 32,6**

**Ascent 1200m**

**Descent 790m**

**MC Medium capacity**



# TOUR N°2

## Between the lake waters and the countryside

**3 DAYS, EASY/MEDIUM DIFFICULTY**

**1**

**DAY 1**

**Lovere – Clusone**

**2**

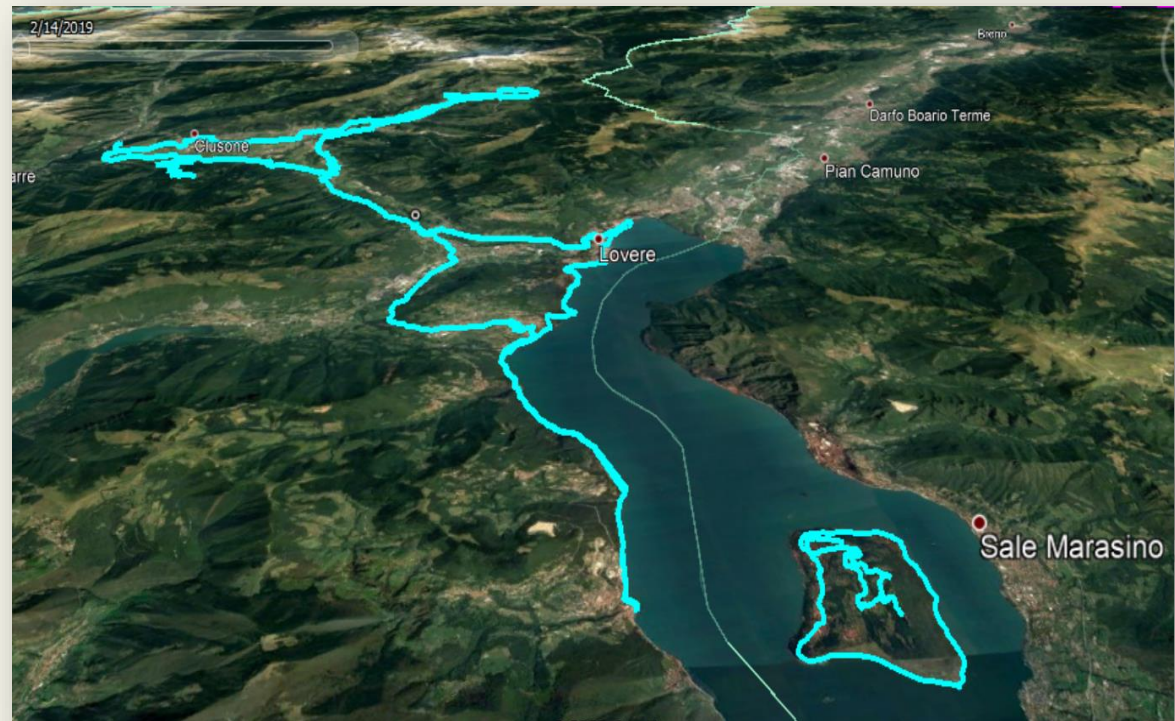
**DAY 2**

**Clusone – Lovere**

**3**

**DAY 3**

**Lovere – Monte Isola**





1

2

3

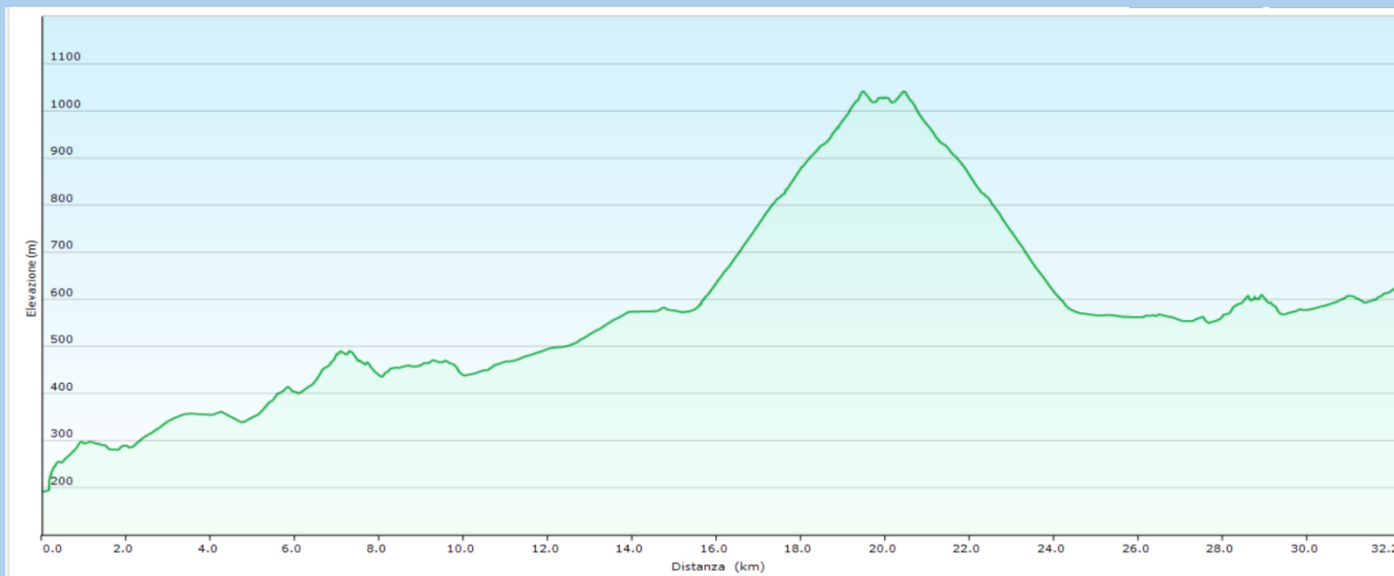
# DAY 1

## LOVERE – CLUSONE



# LOVERE - CLUSONE

**Departure from Lovere and visit by bike to the town classified among "The most beautiful villages in Italy". We will continue on secondary roads not frequented with some stretches of dirt road in the woods, not difficult and short. You will pass through some villages of the Borlezza Valley and the upper Seriana valley before arriving at the San Lucio hut, your first stop. If you don't want to stop for lunch, for the greedy ones I suggest tasting one of the many cakes that the owner proposes, with a spectacular view on the whole upper valley. That's where we will arrive, passing by some small tourist villages that were also home to famous artists. We will admire the famous mechanical clock, Astronomical, Planetarium Fanzago made in 1583, still working. We will continue pedaling through a wood until we reach a small church that in the past had another function. We will have plenty of time for an aperitif sitting in the square in this fantastic town.**



## TECHNICAL FEATURES

**Km 32,6**

**Ascent 1200m**

**Descent 790m**

**MC: medium  
capacity**



1

2

3

## DAY 2

# CLUSONE – CASTIGLIONE DELLA PESOLANA



## **CLUSONE – CASTIONE DELLA PRESOLANA - LOVERE**

**Departure in the saddle of our bicycles, the route, while developing in a natural rural context, tells of the lives of the inhabitants of these places and their artists, you will also be among the villages and traditions of this valley passing near the birthplace of a famous carver.**

**Continuing along the path in about 45 km you will find, in addition to churches with frescoes, 5 Marian Shrines to arrive at the end of the day to the blue of Lake Iseo and Lovere, which retains in addition to an Academy of Fine Arts "Tadini", also the mother house of the religious order of nuns of charity and missionary "Capitanio and Gerosa.**

**For lovers of classical music, the academy, in the months of April/May, promotes a well-established and prestigious concert season of 92 years of history.**



### **TECHNICAL FEATURES**

**Km 43,2**

**Ascent 834m**

**Descent 1280m**



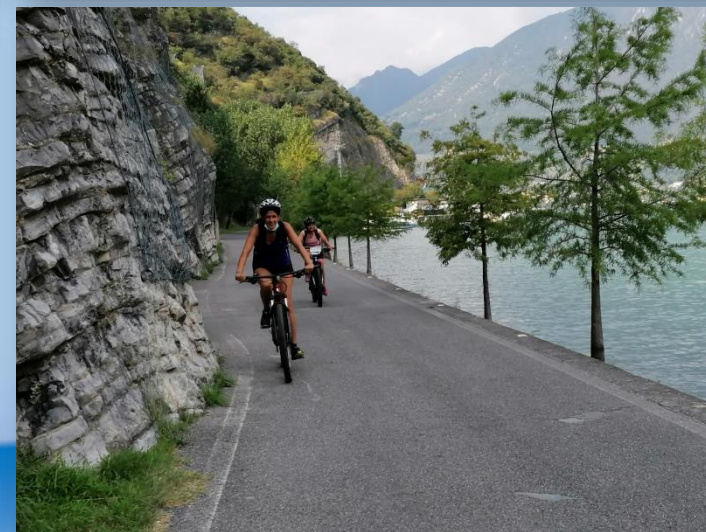
1

2

3

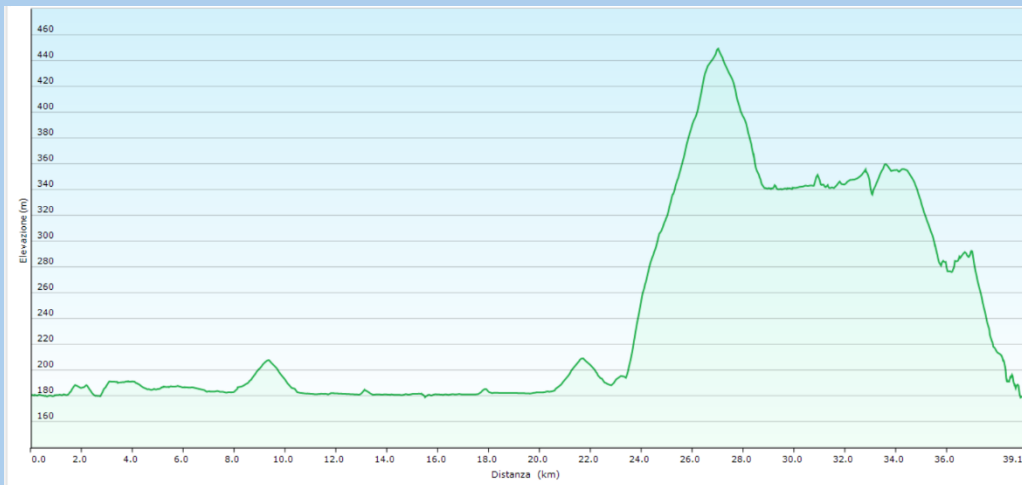
# DAY 3

## LOVERE – MONTE ISOLA



**Departure from Lovere along the lake shore + Monte Isola + return along the lake shore and inland cycling between two of the most beautiful villages in Italy: Lovere and Monte Isola. Today we will start pedaling along a very suggestive part of the lake shore. In the month of the sardine spawning, a group of fishermen, one next to the other, cover all the shores to catch this typical fish of the lake that, once a year, rises from the depths of the water to deposit its eggs and then descends again. Fishing is regulated precisely to allow the deposit of eggs. We will find the same sardines represented also in Monte Isola, being a symbol of the lake! We will reach the 600m high peak that merges mountain and lake reaching the Sanctuary of the Madonna della Ceriola. Monte Isola once known for the production of nets, is still known for the production of Gozzo ligure (handmade wooden boat) and for the tastes of cured meats and sardines in oil.**

**From here we will return to Lovere for the end of your vacation and if requested on a comfortable minibus we will take you back to your starting points.**



**TECHNICAL FEATURES**  
**Lake shore from Lovere**  
**Km 39**  
**Ascent 440m**  
**Descent 440m**



**TECHNICAL FEATURES**  
**Monte Isola**  
**Km 15,9; ascent 450m; descent 450m; to climb to the top of Monte Isola it is necessary to have a good ability to stay in the saddle having to go up and down for some stretches with a strong slope. Otherwise, you will do the tour of the island.**





# TOUR N°3

**Funny and dynamic tour among beautiful landscapes!**

**5 DAYS. DIFFICULTY MEDIUM/DEMANDING**

**1**

**DAY 1**

**Lovere – Clusone**

**2**

**DAY 2**

**Clusone – Presolana**

**3**

**DAY 3**

**Presolana – Scalve valley**

**4**

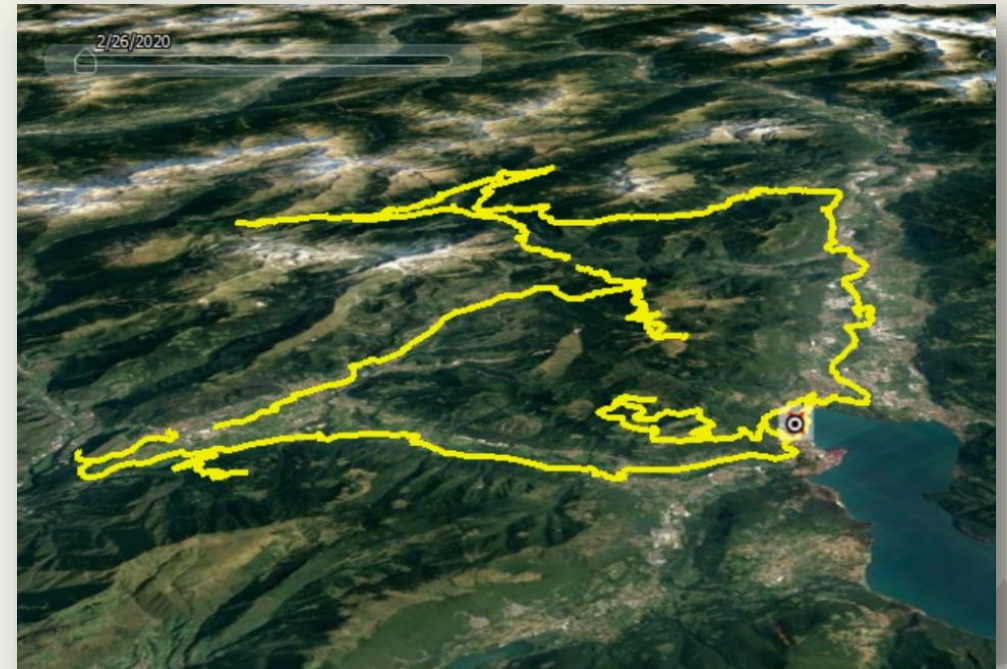
**DAY 4**

**Scalve valley – Camonica valley**

**5**

**TAPPA 5**

**Lovere and Lake Iseo Highlands**



1

2

3

4

5

# DAY 1

## LOVERE – CLUSONE



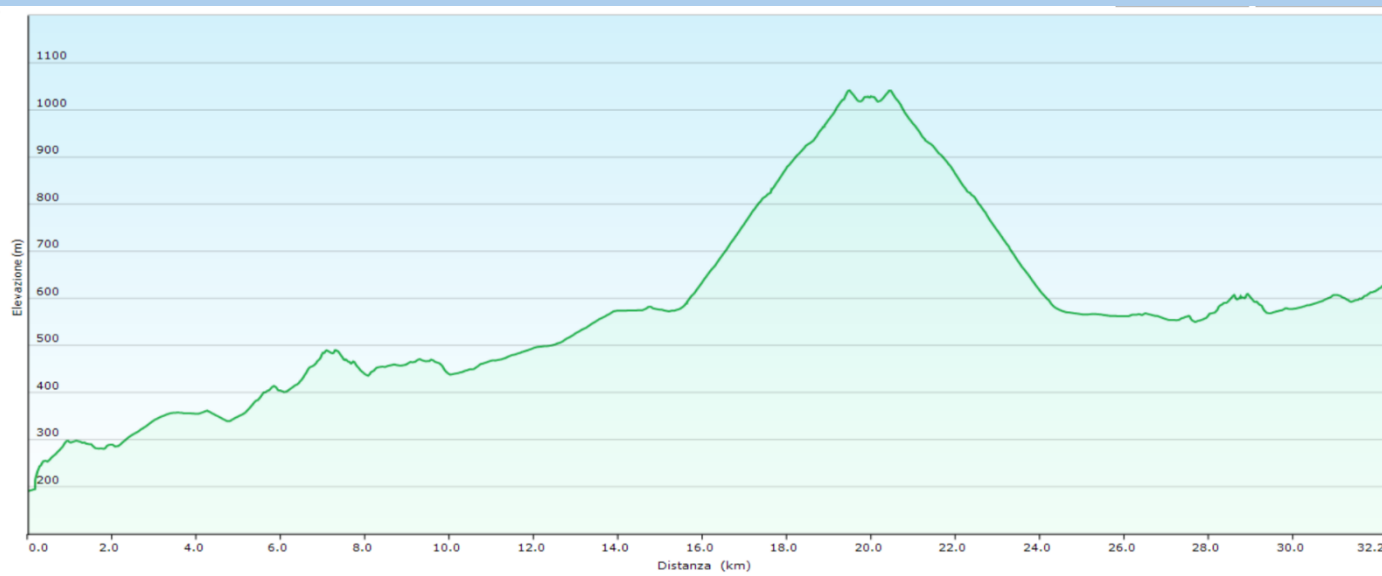


# **THE MILLS OF BORLEZZA VALLEY AND THE BEAUTIFUL CLUSONE**

**Alternative route to the two initial days, in a beautiful landscaping territory.**

**If you choose this route the tour will be less demanding and will therefore consist of 4 days instead of 5. All the other stops will remain the same.**

**Route on secondary roads not frequented with some stretches of dirt road in the woods not difficult and short. You will pass through some villages of the Borlezza Valley and the upper Seriana Valley before arriving at the San Lucio refuge, your first stop. If you don't want to stop for lunch, I suggest to the greedy ones to taste one of the many cakes that the owner proposes, with a spectacular view on the whole high Valley. And that's exactly where we will arrive, passing by some small tourist villages that were also home to famous artists.**



## **TECHINICAL FEATURES**

**Km 32,6**

**Ascent 1200m**

**Descent 790m**

**MC Medium capacity**

1

2

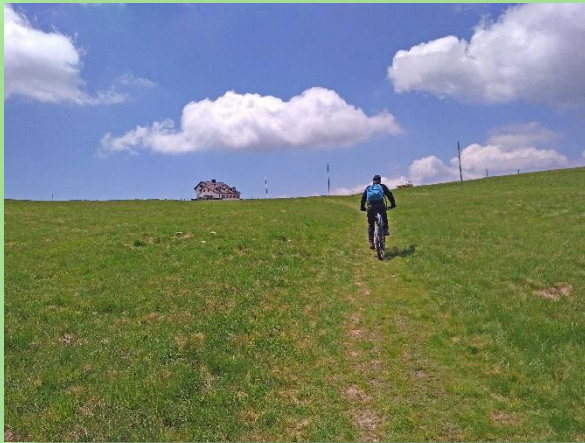
3

4

5

**DAY 2**

# **CLUSONE – PASSO PRESOLANA**

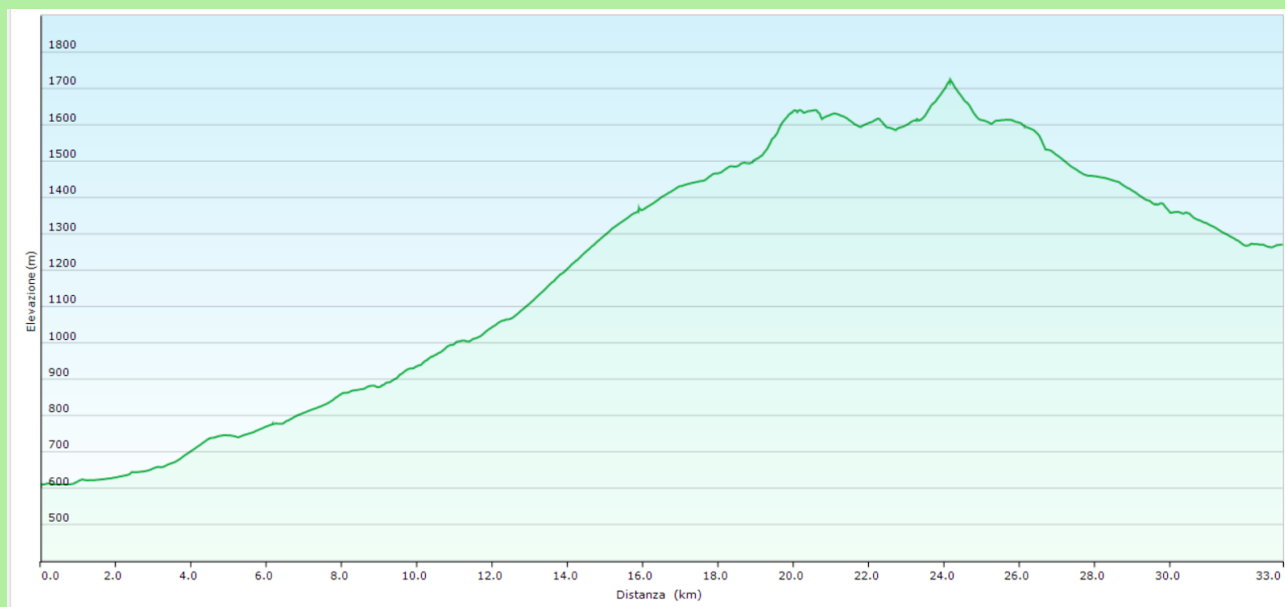




**In this route/story we will discover the strong ties that have held these two valleys together since the past: Seriana and Scalve valleys.**

**We will leave by bike from Clusone pedaling in the upper Seriana valley. We will pass through small towns and villages and we will continue our ride passing near the birthplace, of a famous woodcarver, passing through small towns and villages.**

**We will ride along what was once the milk route and in the rural area of this valley. We will pass by some frescoed churches and places of religious worship of the Orobic Bergamasche. We'll reach the Monte Alto, where you can admire a wonderful panorama. But the fun is not over yet and after a stop for a relaxing drink, here we are back in the saddle to reach the Presolana Pass that will give us a view of the majestic but fearsome Queen of the Orobic the "Presolana.**



## **TECHNICAL FEATURES**

**Km 37**

**Ascent 1340m**

**Descent 650m**

1

2

3

4

5

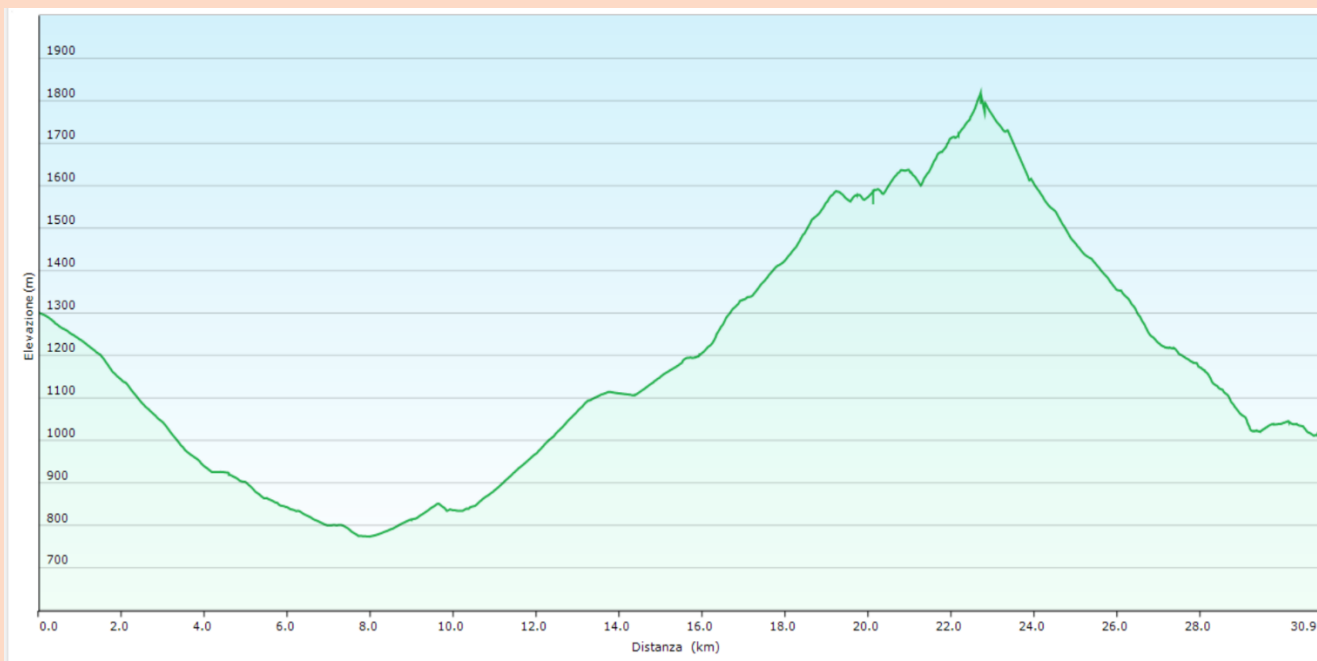
**DAY 3**

# **PRESOLANA – SCALVE VALLEY**





**From the Presolana Pass "upper Seriana valley" we'll enjoy a very long descent leading us to this different and beautiful valley. This itinerary is rich in history and we will relive it as we pedal to reach what were once the houses of the miners and the entrance to the mine now abandoned. Visible cracks in the mountain are evidence of the great underground work done, and what was the life of the inhabitants of the place. We'll reach the Manina Pass and then we'll cycle along a mixed route, between dirt roads and paved stretches, with views of the Gleno dam, passing alongside the creek and in the woods until we reach a small town in the heart of the valley. There will be plenty of stops to regain energy, coffee/aperitif breaks or a lunch with cheese, cold cuts with and a fine beer or glass of wine. If you still want to ride, at the end of the tour we can reach the most important Social Dairy of the Scalve Valley.**



## **TECHINICAL FEATURES**

**Km 31/38**

**Ascent 1200/1350m**

**Descent 1350/1400m**

**BC Good capacity**

1

2

3

4

5

# DAY 4

# TOWARDS CAMONICA VALLEY

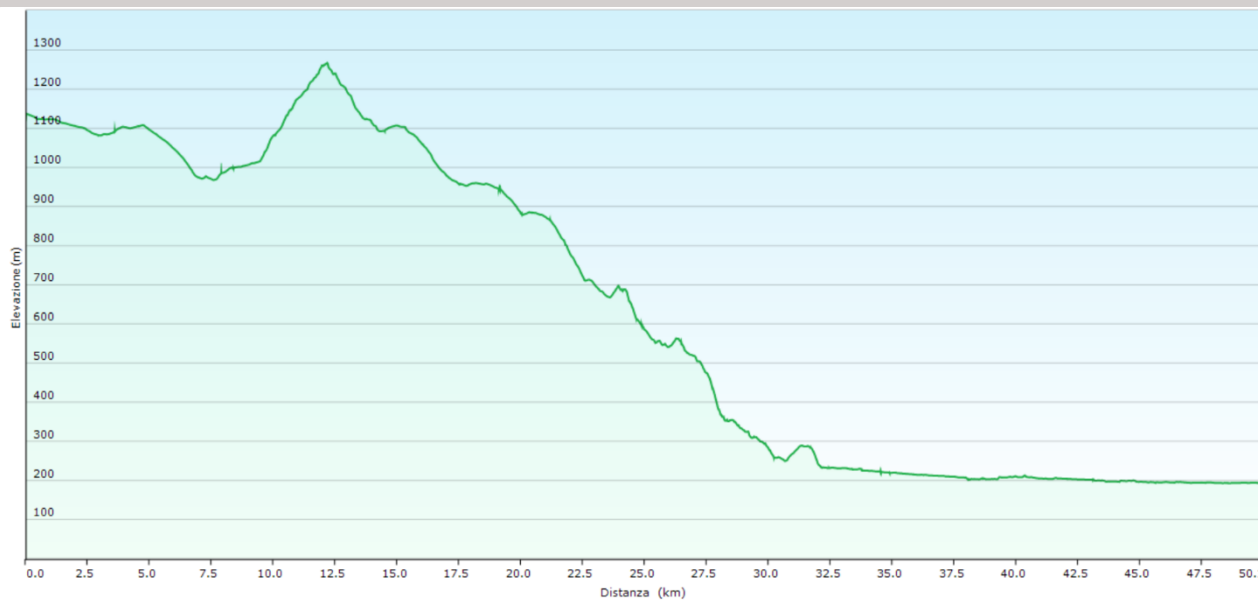




**In this new day we will cycle in a long and enjoyable route that will lead us back to Lake Iseo. After discovering the richness of the valleys and the life of the people in the two previous days, through a dense forest you will ride between the Scalve valley and Camonica valley, to arrive in the land of prehistoric Camuni.**

**You'll continue pedaling through some beauty of the Valley stopping for a coffee and/or visiting a private collection of minerals of the area.**

**From here, always on dirt road, you will reach Borno 912m above sea level, (Bùren in Camuno dialect), a beautiful tourist resort. Stop for a free lunch in an informal but excellent open-air restaurant where, if you love suspended sports, you'll find thrill and fun at all levels. From here there would only be to indulge in routes of all kinds and certainly not easy, between Mount Altissimo and the San Fermo refuge that would give an exceptional taste of what the Camonica Valley can offer. Your day will not be less and down.....per a very long descent we will pass some characteristic places before seeing the lake.**



## **TECHNICAL FEATURES**

**Km 51,5**

**Ascent 515m**

**Descent 1459**

1

2

3

4

5

# DAY 5

## LOVERE – LAKE ISEO HIGHLANDS





**Here we are at the end of our tour of the 4 valleys!**

**We could not end this adventure in a better way than to visit the Bossico highlands from where we can admire the Camonica Valley, the Cavallina Valley and the Borlezza Valley.**

**Bossico is wonderful and much more than that! A kind of tourism developed by the locals to protect their traditions and the environment.**

**The village is rich of paths and mule tracks that are articulated in the numerous hectares of pine forest.**

**Our route, although challenging for the steep slopes, is unpaved but compact. The part always descending in the pine forest is a wide path but mostly**



## **TECHNICAL FEATURES**

**Km 25**

**Ascent 1170m**

**Descent 1290m**

# **LAKE ISEO TRANSPORT AND BIKE TOUR**

## **Susanna Allegri**

### **CUSTOMIZATION OF ALL PROPOSED TOURS**

**Certified MTB guides.**

**NCC authorized same as Taxi for people and bicycles.**

**MTB and E-bikes.**

**Mercedes Sprinter van authorized to transport up to 8 passengers and bicycles.**

**Authorized Kangoo car with bike shuttle useful to quickly transport up to 6 bicycles and 4 passengers.**

**Daily sanitation, disinfectant, masks, face shields, temperature measurement.**

**If required on the minibus, for a smaller number of people up to 5, the spacing is also guaranteed.**


**Tours are also organized for larger groups. Details and costs on request. Payment can be made by credit card, bank transfer or cash, will follow regular tax document.**





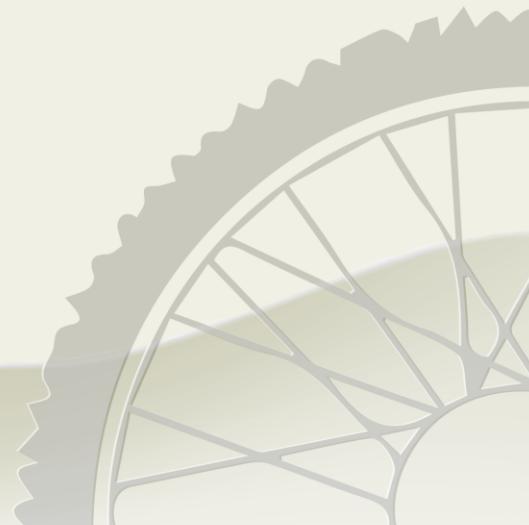
# OUR SERVICES

**In our rates for the tour, we include the following services:**

- **Transfer by Authorized Minibus for non-scheduled public transportation: NCC same as Taxi for people and bicycles where required or expected.**
  - **Certified MTB guide who will accompany you throughout the tour.**
  - **If required: MTB bikes or E-Bike rental that you will find at your departure.**
  - **Luggage transfer where required. The tour can also be cycled on your own but with backpacking and not with bags hanging on the bikes.**
- 

# **ADDITIONAL SERVICES**

- Accommodation, breakfasts, lunches, and dinners, which you can manage independently according to our instructions or followed by our trusted agency that will offer you a complete package.**
- Insurance.**





# **FURTHER INFORMATION**

- **We will pick you up from the airport or at the accommodation where you are staying. The rate will vary depending on the distance covered according to the following criteria:**
  - **Starting from Lovere and covering an area up to a radius of 15 km (e.g. Pisogne, Boario Terme, Solto Collina, Riva di Solto).**
  - **-Starting from Lovere and covering an area up to a radius of 50 km. (ex: Bergamo airport/station, Brescia station, Valle di Scalve, Valseriana,)**
- **You will have the possibility to reserve the minibus.**
- **Bicycles:**
  - **Delivery and return for bicycles rented according to your preferences that you will indicate.**
  - **Our bicycles: Bicycles Trek X-Caliber 8 - E-BIKE Trek.**
- **Loading / unloading of your bike.**
- **Helmet is mandatory.**



# **TERMS AND CONDITIONS**

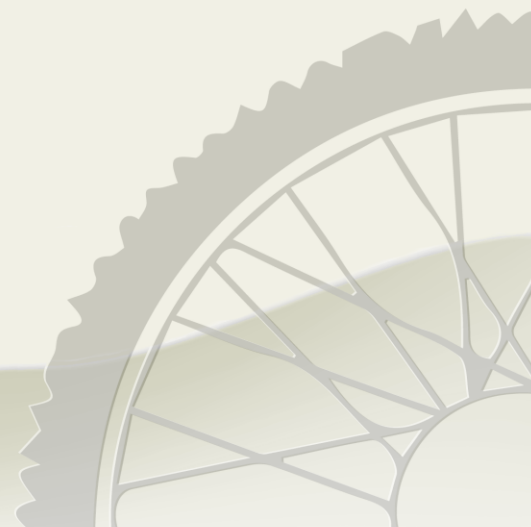
**The reservation must be made at least 15 days before.**

**For organizational reasons, we do not accept cancellations in the 15 days before the day of departure. The reservation will not be refundable.**

**The organization will evaluate the possibility of scheduling it on another date with the same conditions.**

**The payment is to be made at the time of booking by credit card or bank transfer.**

**Contact us for a no obligation quote by e-mail.**





**For info and booking:**  
**Susanna Allegri**

**[www.lagoiseotrasportoebiketour.eu](http://www.lagoiseotrasportoebiketour.eu)**  
**[Susanna@lagoiseotrasportoebiketour.eu](mailto:Susanna@lagoiseotrasportoebiketour.eu)**

**+39 340 6301313**



MTB GUIDE - NCC/TAXI - TAYLOR-MADE TOURS

*Without any hurry to get anywhere*