



MTB GUIDE - NCC/TAXI - TAYLOR-MADE TOURS

CYCLING ALONG SERIANA VALLEY

At the foot of the mighty Presolana,
Queen of the Orobic Alps



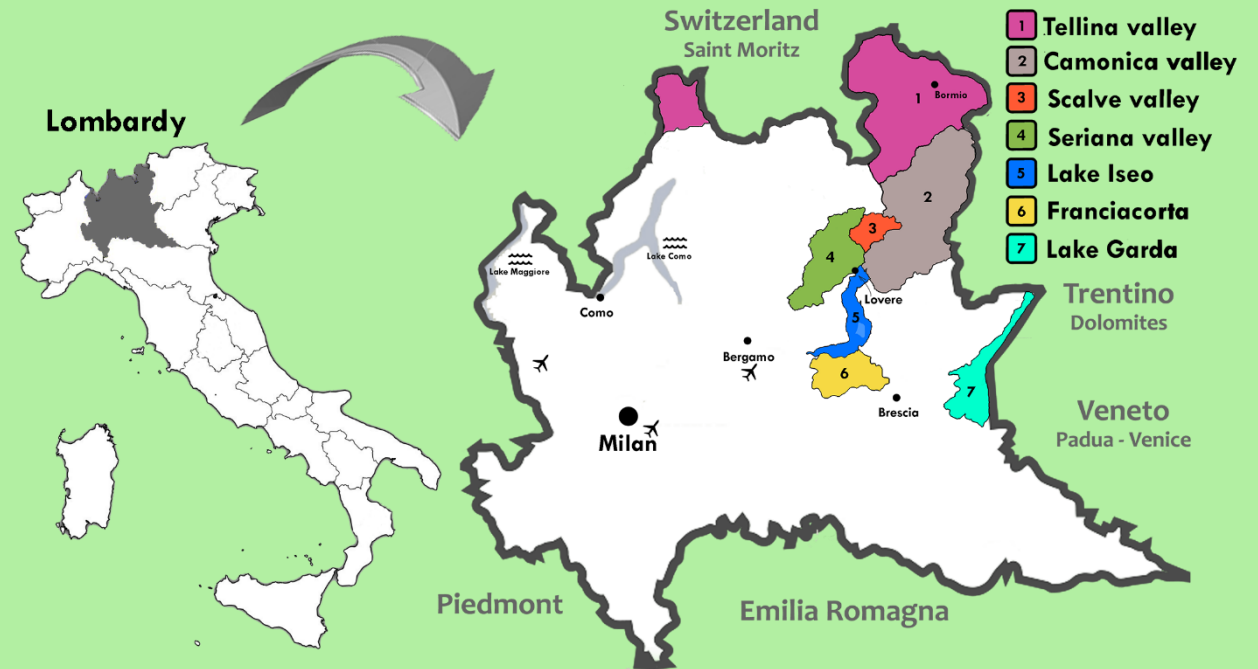
WHAT YOU'LL DISCOVER

In these tours you can discover the **SERIANA VALLEY (4)**

The color that represents it is **GREEN** of the meadows and mountains, which stands out everywhere. On the top stands out the Presolana "Queen of the Orobie". Its told that name Presolana itself derives from the dialect "praizzöla" which means "small meadows on the slopes".

The tours presented here all start from the beautiful town of Clusone where, on the saddle of our bicycles we will begin discovering nature, art and history, also religious of this valley, surrounded by its green nature.

For those who need it, a bike-shuttle leaves from the nearby Lake Iseo: from Lovere or Pisogne.



TOUR N° 1

A ROUTE IN THE NATURE, ART, AND RELIGIOUS HISTORY OF SERIANA VALLEY



Departure from Lovere or Pisogne by Van or Bike Shuttle, from Clusone at 9.00 am on a ring route on secondary paved roads, bike paths and dirt tracks.

Ride through the rural culture and the milk trails of the High Seriana Valley as far as the Sanctuary of the Virgin of Lantana, and then back to Clusone. Stop along the way for a lunch-break in a typical restaurant or a picnic.

Medium Skilled Tour. Some short sloping gravel stretches which require good riding skills. Anyway, as there is no need to hurry, we could always get off the bikes and push them down the slope.



**TECHNICAL AND PHYSICAL DIFFICULTY: MC (Medium Capacity). Some short gravelly and sloping stretches where you need to be able to feel good on the saddle.
33 km, 700m ascent, 730m descent, 4/5 hours.**

TOUR N° 2

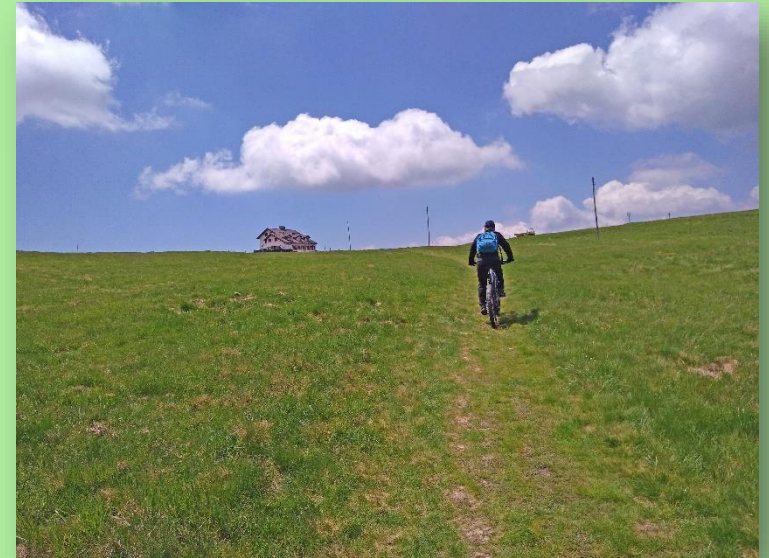
FROM PRESOLANA TO MONTE ALTO



Leaving from Clusone, we will dive into the nature of Upper Seriana Valley, Mount Pora and the Magnolini hut. From Mount Alto, we will be delighted by the breathtaking view of Lake Iseo and the surrounding valleys.

We will descend through meadows and from here we will return.

This itinerary, upon request only for experts, is also proposed by bike down to Lake Iseo, stopping for a night in the most beautiful highland of Upper Lake Iseo.



PHYSICAL DIFFICULTY: Good capacity. TECHNICAL DIFFICULTY Medium capacity. Some short gravelly and sloping stretches where you need to be able to ride well, to get to Monte Alto.

Km 63, ascent/descent 1620m. E-bike W 500 ECO mode.

For those who want to descend on Lake Iseo, good capacity for uneven ground and gradient %

TOUR N° 3

THE ART OF TASTE TOUR



The Borlezza valley mills and the Tinazzo gorges

Departure from Lovere or Clusone.

Round trip on minor roads with some not demanding and short stretches of dirt road in the woods. You will pass through some villages in the Borlezza Valley and upper Seriana Valley before arriving at the San Lucio hut, your first stop.

If you don't want to stop for lunch, I suggest you taste one of the many cakes that the owner offers, with a spectacular view over the whole upper valley.

Here's where we will arrive, passing by some small tourist villages that were also home to famous artists. We will admire the famous mechanical clock, Astronomical, Planetarium Fanzago made in 1583, still currently working.



We will continue pedaling through a wood until we reach a small church, we will continue our ride passing near the birthplace of a famous carver, now a museum, and continuing to pedal we will arrive near the gorges of the Borlezza river that still turn the mill blades, and there we we arrive nearby the blue waters of Lake Iseo. Here, oddly enough, the Borlezza riveris called Tinazzo!!!!



This route is not technically demanding but requires the ability to ride for long hours, having to pedal for 54 km with a considerable ascent and descent. The stretches on dirt road being short can be done accompanying the bike downhill by hand.



**DEPARTURE FROM
LOVERE.**

ROUND TOUR

**TECHNICAL
DIFFICULTURE:**

medium capacity

PHYSICAL

**DIFFICULTURE: BC with
muscular bicycle; MC
with E-bike.**

TOTAL KM 54

1550m AXIS

DISCESE 1530m

**ASPHALT 85% GRAVEL
15%**

**All year round without
snow**

TOUR N° 4

FROM CLUSONE TO ARDESIO



Departure from Lovere or Pisogne by Van or Bike shuttle, from Clusone at 9.00 am, and ride along a bike path and through a pinewood to reach Ardesio and then the Sanctuary of Our Lady of Grace. Coffee break in the historic square of this typical, well known mountain village lying on the left bank of the river Serio and visit to the church, pilgrimage site on June 23rd. Ride back on the same path and then on the only dirt track, which is partly paved, leading to a beautiful little church that was a stakeout point at Roman times.

We can stop there for a picnic. After this last effort, back to Clusone on our saddles riding through the pinewood and the adventure park (for suspended sports fans).



TECHNICAL DIFFICULTY: Easy route with few short sloping stretches on dirt track which may be done holding bikes. A 25 km half-day or whole-day tour if you wish to stop for lunch-break.

TOUR N° 5

TWO VALLEYS, TWO LAKES



Medium/easy: whole day riding tour: Two Valleys and Two Lakes.

Departure from Lovere or Pisogne by Van or bike shuttle and from Clusone riding along mainly secondary paved roads with some dirt, partly gravelled stretches, which may be ridden calmly. A route across some typical villages around Lake Iseo and the Seriana Valley, which we will reach flanking a small lake with beautiful water lilies. If the group is made up of fairllyskilled riders, we may add a few kilometres cycling up Mount Clemo, and then down to Lake Iseo! Picnic break or lunch at either a local restaurant or a local facility by the lake, where you can also sunbathe, and then off to Clusone.



TECHNICAL AND PHYSICAL DIFFICULTY: Medium capacity for km and ascent. Round trip of about 52km, 920m ascent, 940m descent without Mount Clemo supplement. MTB bikes or E-bikes might be used. Medium skills required for length, ascent, and dirt track stretches. Whole day tour.

TOUR N° 6

CYCLING ALONG THREE LAKES



Easy... but not that much: riding down to the three lakes and return by van.

Departure from Lovere by Van or Bike shuttle and from Pisogne or Clusone at 9.00 am, riding down secondary roads to a little village just before the lake. Break for a quick greeting to a friend in whose shop you will find everything, from soft drinks to prosecco. Then on to a little lake with wonderful water lilies and to Lake Endine, where we may come across some keen sport fishermen and his experiences; off again in a last sprint to Lake Iseo.

Visiting the charming town of Lovere we may stop for a swim and have lunch at a local facility. At the end of the tour, return by van.



PHYSICAL DIFFICULTY: Medium capacity, from Clusone km 47m ascent 400m, descent 800m. From Pisogne or Lovere by bike with Monte Clemo 67 km, 996m ascent and 1000m descent. Hood ability required. Whole-day tour

TOUR N° 7

APERITIF ON THE LAKE



Afternoon/evening: riding along the bank with aperitif or dinner in one of the most picturesque lake villages and return by van.

Ride down the lake and return on a cosy van equipped for your safety.

Departure from Clusone at 4.00 pm riding down secondary paved roads to Lake Iseo and Lovere, one of the most beautiful hamlets in Italy. Visit to the centre and break for a drink or a tasty ice-cream. Then off again along the bank visiting typical little villages or reaching the mouth of the river Oglio. Dinner or aperitif along the way and then back to Clusone by van.

On request, if you feel like having a swim at a local facility, we may choose to leave earlier from Clusone, at around 3.00 pm and add it to the scheduled trip. After a refreshing aperitif, ride and swim, return to the starting point on a cosy van.



LAKE ISEO TRANSPORT AND BIKE TOUR

CUSTOMIZATION OF ALL OUR TOURS

MTB certified guides. NCC authorized as Taxi for people and bikes. Bicycle MTB and E-bike.

Mercedes Sprinter minibus authorized for transport up to 8 passengers and bicycles.

Kangoo car authorized with bike shuttle useful to quickly transport up to 6 bicycles and 4 passengers.

Daily sanitization, disinfectant, masks, face shields, temperature measurement.

If required on the minibus, for a smaller number of people up to 5, the safe distancing is also guaranteed.

Tours are also organized for larger groups. Details and costs upon request.

Payment can be made by credit card, bank transfer or cash, regular tax document will follow.

As for the reservation for dinners, lunches, aperitifs or entrance tickets to facilities or events, the reservation will be made by the Tour Operator or Travel Agency or otherwise if not requested, we will stop by deciding according to your needs and your choice and will be paid by you directly.



**For info and booking:
Susanna Allegri**

**www.lagoiseotrasportoebiketour.eu
Susanna@lagoiseotrasportoebiketour.eu**

+39 340 6301313



GUIDA MTB - NCC - TOUR PERSONALIZZATI

Without any hurry to get anywhere